



DUOLINGO ENGLISH TEST · PRACTICE

Practice Test 1

A full-length paper practice test modeled on the 2026 Duolingo English Test format — all thirteen question types across reading, listening, writing, and speaking. Audio sections are provided as scripts a partner can read aloud. An answer key, model responses, and score-conversion notes are at the back.

Duration	~60 minutes
Question types	13
Score scale	10-160 (8 subscores)
Sections in this booklet	9

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How to use this practice test

- **Work in one sitting where you can.** The real test runs about 60 minutes with no long breaks.
- **Time yourself per the limits shown** at the top of each section. The real test is per-question timed.
- **Audio sections** (Listen and Type, Interactive Listening) are written as scripts. Have a partner read each script aloud at a natural pace — once for Listen and Type (with up to two repeats), and straight through for Interactive Listening. Scripts are in the Answer Key so you can also self-administer.
- **Writing and Speaking** tasks are open-response. Write or record your answer, then compare with the high-band model answers in the Answer Key.
- **Scoring.** Mark the objective sections with the Answer Key, then use the Score Conversion notes to estimate a band. This is an approximation — the real test is computer-adaptive.

Read and Select

Questions: 18 Time: 0:05 each

Is each of these a real English word? Check **Yes** or **No**.

garden	☐ Yes ☐ No
brivel	☐ Yes ☐ No
honest	☐ Yes ☐ No
cloreth	☐ Yes ☐ No
rapid	☐ Yes ☐ No
sprandle	☐ Yes ☐ No
delicate	☐ Yes ☐ No
curious	☐ Yes ☐ No
tolpen	☐ Yes ☐ No
reliable	☐ Yes ☐ No
mancet	☐ Yes ☐ No
threshold	☐ Yes ☐ No
gorbate	☐ Yes ☐ No
summarize	☐ Yes ☐ No
fendle	☐ Yes ☐ No
ancient	☐ Yes ☐ No
plimth	☐ Yes ☐ No
meander	☐ Yes ☐ No

Fill in the Blanks

Questions: 8 Time: 0:20 each

Complete each sentence by filling in the missing letters of the word.

1. The teacher's instructions were so **cl**___ that nobody in the class had any questions.
2. The **wea**_____ was so bad that our morning flight was delayed for several hours.
3. After thinking it over for several days, she finally made her **dec**_____.
4. Practicing a little every day is the best way to **imp**_____ your English.
5. The old wooden bridge was far too **dang**_____ to cross during the heavy storm.
6. We **arr**_____ at the station just as our train was pulling away from the platform.
7. The sun shone **bri**_____ all afternoon, so we decided to eat our lunch outside.
8. I had forgotten my umbrella, so I had to **bor**_____ one from a friend at work.

Read and Complete

Passages: 3 Time: 3:00 each

Complete each text by filling in the missing letters. The first and last sentences are complete.

A New Hobby

Last winter, I decided to try something completely new. A friend of mine had started **pain**____, and her pictures looked **wond**____. I bought a small set of **bru**____ and some **ch**____ paint to begin. My first attempts were messy, and the **col**____ often turned **mu**____. But after a few weeks, my hands became **ste**____ and my lines grew **cle**____. Now I paint almost every **eve**____, and the hours seem to **disa**____. What began as a simple experiment has become the favorite part of my day.

The Value of City Parks

Parks are among the most valuable public spaces in any large city. They give crowded neighborhoods a place to **exer**____, play, and **gat**____ together. Tall trees clean the air and provide cool **sh**____ on the hottest days of **sum**____. Children find open **ro**____ to play, while older **adu**____ walk slowly along the **pa**____. Researchers have found that regular time **outd**____ can lower **str**____ and improve **hea**____. Well-designed parks can even raise the **va**____ of the homes that surround them. For all of these reasons, a good park truly makes a city a better place to live.

The Long Journey of Migrating Birds

Every autumn, millions of birds leave their summer homes and fly toward warmer lands. This remarkable **jou**____, known as migration, can **str**____ across whole **conti**____. Some small birds **tra**____ **thou**____ of miles without **stop**____ to rest or feed. Scientists **bel**____ the birds navigate using the sun, the **st**____, and the earth's magnetic field. They fatten themselves before leaving, storing the **ene**____ that such a long **fli**____ demands. Many **ret**____ to the very same nesting grounds each **spr**____, guided by an instinct we barely **under**____. The yearly movement of these travelers remains one of the great wonders of the natural world.

Listen and Type

Questions: 8 Replays: 2

A partner reads each statement once (you may ask for up to two repeats). Write exactly what you hear. Scripts are in the Answer Key.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Interactive Reading

Passages: 2 Time: 7:00–8:00 each

Read each passage and complete the six tasks in order.

Passage 1 • Expository B2

PART 1 — COMPLETE THE SENTENCE. CHOOSE THE BEST WORD FOR EACH NUMBERED BLANK.

Walking is one of the simplest (1) of exercise, yet its benefits are often (2). It requires no special equipment, no gym membership, and no particular (3). A brisk walk raises the heart (4), strengthens muscles, and helps the body (5) extra energy. Regular walkers tend to sleep better and report lower levels of (6). Because it is gentle on the joints, walking suits people of almost every (7).

1. A. prices B. forms C. rules D. colors E. sounds
2. A. painted B. overlooked C. repeated D. collected E. rewarded
3. A. insect B. mirror C. weather D. holiday E. skill
4. A. coin B. song C. door D. field E. rate
5. A. spill B. burn C. borrow D. paint E. forget
6. A. traffic B. laughter C. rainfall D. stress E. furniture
7. A. road B. age C. song D. lamp E. coin

PART 2 — COMPLETE THE PASSAGE. CHOOSE THE SENTENCE THAT BEST FILLS THE GAP.

Walking is one of the simplest forms of exercise, yet its benefits are often overlooked. It requires no special equipment, no gym membership, and no particular skill. A brisk walk raises the heart rate, strengthens muscles, and helps the body burn extra energy. Regular walkers tend to sleep better and report lower levels of stress. Because it is gentle on the joints, walking suits people of almost every age. [?] Many cities have responded by building wider sidewalks and green paths that make walking safe and pleasant. In this way, a habit as ordinary as putting one foot in front of the other can improve both personal health and the life of a whole community.

- ☐ A. As awareness of these benefits grows, more people are choosing to walk each day.
- ☐ B. Running, by contrast, can cause serious injury to the knees over many years.
- ☐ C. Despite these clear advantages, walking remains far too dangerous for most people.
- ☐ D. Gym memberships, meanwhile, have grown steadily more expensive in recent years.

PARTS 3-4 — HIGHLIGHT THE ANSWER.

Highlight 1. Why is walking suitable for people of almost every age? (*underline the answer in the passage above*)

Highlight 2. What have many cities built to support walking? (*underline the answer in the passage above*)

PART 5 — IDENTIFY THE IDEA.

- ☐ A. Cities ought to spend much less money on gyms and far more on parks.
- ☐ B. Walking is a simple, low-cost exercise with broad health benefits cities support.
- ☐ C. Walking burns far more energy than any other common form of exercise.
- ☐ D. Walking is gentle on the joints, so it almost never leads to any injury.
- ☐ E. People would nearly all be healthier if they simply stopped driving cars.

PART 6 — TITLE THE PASSAGE.

- ☐ A. Risks of Hard Exercise
- ☐ B. Why Walking Matters
- ☐ C. The High Cost of Gyms
- ☐ D. City Sidewalk Design

Passage 2 · Narrative **B1**

PART 1 — COMPLETE THE SENTENCE. CHOOSE THE BEST WORD FOR EACH NUMBERED BLANK.

One cold November evening, the power went out across the town. At first the children were (1) by the darkness. Their mother lit a few (2) on the kitchen table. The soft light made the room feel (3) and peaceful. Instead of watching television, the family sat together and told (4). The youngest boy made shadows look like animals on the (5). Their father dug out a board game from a (6). Hours passed without anyone glancing at a (7).

1. A. reminded B. delighted C. informed D. rewarded E. frightened
2. A. apples B. mirrors C. blankets D. candles E. letters
3. A. warm B. wet C. steep D. loud E. empty
4. A. prices B. rivers C. engines D. rules E. stories
5. A. coin B. ocean C. clock D. wall E. menu
6. A. mountain B. machine C. holiday D. rumor E. cupboard
7. A. garden B. planet C. phone D. song E. cloud

PART 2 — COMPLETE THE PASSAGE. CHOOSE THE SENTENCE THAT BEST FILLS THE GAP.

One cold November evening, the power went out across the town. At first the children were frightened by the darkness. Their mother lit a few candles on the kitchen table. The soft light made the room feel warm and peaceful. Instead of watching television, the family sat together and told stories. The youngest boy made shadows look like animals on the wall. Their father dug out a board game from a cupboard. Hours passed without anyone glancing at a phone. [?] When the lights finally came back on, the children actually groaned. Years later, that night remained one of the family's happiest memories.

- ☐ A. For once, nobody was in a hurry for the power to return.
- ☐ B. Everyone was secretly hoping the electricity would return very soon.
- ☐ C. The storm outside was growing more dangerous with every passing hour.
- ☐ D. Their mother decided it was finally time for the children to sleep.

PARTS 3-4 — HIGHLIGHT THE ANSWER.

Highlight 1. How did the children react when the power came back on? (*underline the answer in the passage above*)

Highlight 2. What did that night become for the family in later years? (*underline the answer in the passage above*)

PART 5 — IDENTIFY THE IDEA.

- ☐ A. The youngest boy loved making shadow animals more than the board game.
- ☐ B. Families ought to give up television and play board games every night.
- ☐ C. The family felt frightened and relieved when the power finally returned.
- ☐ D. A sudden blackout became a warm evening the family treasured for years.
- ☐ E. Power cuts have slowly become more common during cold winter months.

PART 6 — TITLE THE PASSAGE.

- ☐ A. Living Without Electricity
- ☐ B. The Night the Lights Went Out
- ☐ C. The Family's New Board Game
- ☐ D. A Dangerous Winter Storm

Interactive Listening

Scenarios: 2 Total: 15:30

Scenario 1 • A Group Project casual

You are working on a class project with your classmate, Mia. Listen as Mia talks with you about how to finish it, then answer the questions.

AUDIO SCRIPT (PARTNER READS ALOUD, STRAIGHT THROUGH)

Mia: Hey! So our project on renewable energy is due Friday. Should we split up the work?

Mia: Great. I can put together the slides if you don't mind doing the research.

Mia: Perfect. When do you think we should meet to put it all together?

Mia: Wednesday works. Should we meet in the library or somewhere quieter?

Mia: Sounds like a plan. I'm really glad we sorted this out early.

PART 1 — LISTEN AND COMPLETE. FILL EACH BLANK FROM WHAT YOU HEARD.

Our project is about _____.

The project is due on _____.

Mia offered to make the _____.

We agreed to meet on _____.

PART 2 — LISTEN AND RESPOND. CHOOSE THE BEST RESPONSE AT EACH STEP.

1. Pick the best option to start the conversation.

- ☐ A. Let's just turn in whatever we already have.
- ☐ B. That sounds fair. How should we divide it?
- ☐ C. Wait, I didn't even know we had a project due.
- ☐ D. Honestly, I think renewable energy is a bad idea.

2. Mia: "I can make the slides if you do the research." Select the best response.

- ☐ A. No, I would rather not do any part of this project.
- ☐ B. Sure, though I have already finished the whole project.
- ☐ C. That works for me. I'll start finding sources tonight.
- ☐ D. Making slides is usually the hardest part of a project.

3. Mia: "When should we meet to put it together?" Select the best response.

- ☐ A. Wednesday is when the whole project is due, right?
- ☐ B. Could we meet Wednesday? That leaves a day to spare.
- ☐ C. We already met yesterday, so we're basically done.
- ☐ D. Honestly, I don't think we need to meet at all.

4. Mia: "The library or somewhere quieter?" Select the best response.

- ☐ A. I don't mind at all, as long as we never actually meet.
- ☐ B. Let's meet at the loud cafe beside the train station.
- ☐ C. The library shuts early on Fridays, unfortunately.
- ☐ D. The library sounds good. It's easy for us both to reach.

5. Mia: "I'm glad we sorted this out early." Select the best response.

- ☐ A. I still have no idea what our project is even about.
- ☐ B. Well, I doubt we will really finish this one in time.
- ☐ C. Me too. I feel better now that we have a plan.
- ☐ D. You should have organized this several weeks ago, honestly.

PART 3 — SUMMARIZE THE CONVERSATION (ABOUT 75 SECONDS).

Scenario 2 • Meeting a Professor formal

You are a student meeting with your professor during office hours. Listen as the professor speaks with you about your plans after graduation, then answer the questions.

AUDIO SCRIPT (PARTNER READS ALOUD, STRAIGHT THROUGH)

Professor: Of course, come in. What did you want to discuss today?

Professor: That's a big decision. What are you leaning toward right now?

Professor: Both paths are valid. Have you thought about what you want long-term?

Professor: Then a master's may be worth considering. I'm happy to write you a recommendation.

PART 1 — LISTEN AND COMPLETE. FILL EACH BLANK FROM WHAT YOU HEARD.

I study _____.

I have almost finished my _____.

I am trying to decide between a job and a _____.

I came to ask for the professor's _____.

PART 2 — LISTEN AND RESPOND. CHOOSE THE BEST RESPONSE AT EACH STEP.

1. Pick the best option to start the conversation.

- ☐ A. Hey, so what did you want to talk to me about?
- ☐ B. Hi, Professor. Thank you for making time to meet me.
- ☐ C. Professor, I have some exciting news to share today.
- ☐ D. I would love to tell you about my weekend, Professor.

2. Professor: "What did you want to discuss?" Select the best response.

- ☐ A. I'm finishing my accounting degree, unsure whether to take a job or grad school.
- ☐ B. Nothing important, really. I only wanted to stop by to say a quick hello.
- ☐ C. Accounting is basically the careful recording of a firm's financial transactions.
- ☐ D. I have already decided to drop out of my program completely this term.

3. Professor: "What are you leaning toward?" Select the best response.

- ☐ A. I am leaning toward leaving accounting to become a musician.
- ☐ B. I was rather hoping that you would simply decide it for me.
- ☐ C. I have already accepted a job, so it no longer really matters.
- ☐ D. I'm torn. A job offers stability, but a master's opens more doors.

4. Professor: "Have you thought about the long term?" Select the best response.

- ☐ A. Long-term, I actually plan to leave the finance field completely.
- ☐ B. I haven't thought about it, since you were meant to tell me.
- ☐ C. I have. Eventually I want to lead a finance team, which needs a master's.
- ☐ D. Not really. I try hard never to think more than a day ahead.

5. Professor: "I'm happy to write you a recommendation." Select the best response.

- ☐ A. No thank you. I've decided none of this is worth the effort.
- ☐ B. Could you perhaps just complete the application on my behalf?
- ☐ C. Thank you so much, Professor. That would mean a great deal to me.
- ☐ D. Actually, I have changed my mind and want a job after all.

PART 3 — SUMMARIZE THE CONVERSATION (ABOUT 75 SECONDS).

Writing

Photo tasks: 3 Plus: Interactive Writing



PHOTO 1 — WRITE A DESCRIPTION (ABOUT 40-50 WORDS, 1 MINUTE).



PHOTO 2 — WRITE A DESCRIPTION (ABOUT 40-50 WORDS, 1 MINUTE).



PHOTO 3 — WRITE A DESCRIPTION (ABOUT 40-50 WORDS, 1 MINUTE).

INTERACTIVE WRITING — PART 1 (5 MINUTES, ~120 WORDS)

Some people prefer to live in a large city, while others prefer life in a small town. Which do you prefer, and why? Use specific reasons and examples to support your answer.

Now describe one disadvantage of the place you chose, and explain how you deal with it.

Speaking

Tasks: 3 **Interactive Speaking:** 6 questions



SPEAK ABOUT THE PHOTO (UP TO 3 MINUTES). DESCRIBE THE IMAGE IN DETAIL.

READ, THEN SPEAK (UP TO 3 MINUTES)

Describe a skill you would like to learn in the future. Explain what the skill is, why you want to learn it, and how you would go about learning it.

INTERACTIVE SPEAKING — A CONNECTED CONVERSATION. ANSWER EACH QUESTION IN ~35 SECONDS.

Theme: A memorable trip

1. Let's talk about travel. Do you enjoy traveling? Why or why not?
2. Tell me about a trip that was especially memorable for you.
3. What made that particular trip so memorable?
4. Were there any challenges during the trip? How did you handle them?
5. How is the way you travel now different from how you traveled as a child?
6. Would you recommend that destination to others? Why or why not?

Tasks: 2 Total: 8:00

WRITING SAMPLE (30S PREPARE + 5 MINUTES, ~120 WORDS)

Explain how certain foods or ingredients can represent the culture they come from. What do you think food reveals about a culture's history, values, or way of life?

Answer Key & Model Responses

Section 1 · Read and Select

garden Yes (real)

brivel No (not a word)

honest Yes (real)

cloreth No (not a word)

rapid Yes (real)

sprandle No (not a word)

delicate Yes (real)

curious Yes (real)

tolpen No (not a word)

reliable Yes (real)

mancet No (not a word)

threshold Yes (real)

gorbate No (not a word)

summarize Yes (real)

fendle No (not a word)

ancient Yes (real)

plimth No (not a word)

meander Yes (real)

Section 2 · Fill in the Blanks

1. clear

2. weather

3. decision

4. improve

5. dangerous

6. arrived

7. brightly

8. borrow

Section 3 · Read and Complete (missing words)

A New Hobby: painting, wonderful, brushes, cheap, colors, muddy, steady, cleaner, evening, disappear

The Value of City Parks: exercise, gather, shade, summer, room, adults, paths, outdoors, stress, health, value

The Long Journey of Migrating Birds: journey, stretch, continents, travel, thousands, stopping, believe, stars, energy, flight, return, spring, understand

Section 4 · Listen and Type (audio scripts / answers)

A partner reads these aloud; they are also the correct transcripts.

1. The library closes at eight o'clock tonight.

2. She bought fresh bread and cheese from the market.

3. Our meeting has been moved to Thursday afternoon.

4. He could not find his keys anywhere in the house.

5. The children played happily in the garden after lunch.

6. The scientists collected water samples from the river for testing.

7. Although it was raining heavily, the game continued as planned.

8. The committee will announce its final decision early next week.

Section 5 • Interactive Reading

Passage 1: “Why Walking Matters” (expository, B2)

- CtS 1: B (forms)
- CtS 2: B (overlooked)
- CtS 3: E (skill)
- CtS 4: E (rate)
- CtS 5: B (burn)
- CtS 6: D (stress)
- CtS 7: B (age)
- CtP: A
- Highlight 1: “it is gentle on the joints”
- Highlight 2: “wider sidewalks and green paths”
- Identify the Idea: B
- Title: B

Passage 2: “The Night the Lights Went Out” (narrative, B1)

- CtS 1: E (frightened)
- CtS 2: D (candles)
- CtS 3: A (warm)
- CtS 4: E (stories)
- CtS 5: D (wall)
- CtS 6: E (cupboard)
- CtS 7: C (phone)
- CtP: A
- Highlight 1: “the children actually groaned”
- Highlight 2: “one of the family's happiest memories”
- Identify the Idea: D
- Title: B

Section 6 • Interactive Listening

Scenario 1: “A Group Project” (casual)

Mia: Hey! So our project on renewable energy is due Friday. Should we split up the work?

Mia: Great. I can put together the slides if you don't mind doing the research.

Mia: Perfect. When do you think we should meet to put it all together?

Mia: Wednesday works. Should we meet in the library or somewhere quieter?

Mia: Sounds like a plan. I'm really glad we sorted this out early.

- Complete 1: renewable energy
- Complete 2: Friday
- Complete 3: slides
- Complete 4: Wednesday
- Respond 1: B
- Respond 2: C
- Respond 3: B
- Respond 4: D
- Respond 5: C

Model summary. In this conversation, my classmate Mia and I planned our class project on renewable energy, which is due on Friday. We agreed to divide the work: Mia will prepare the slides while I do the research and find sources. We also decided to meet in the library on Wednesday to put everything together, leaving ourselves a day to spare before the deadline.

Scenario 2: “Meeting a Professor” (formal)

Professor: Of course, come in. What did you want to discuss today?

Professor: That's a big decision. What are you leaning toward right now?

Professor: Both paths are valid. Have you thought about what you want long-term?

Professor: Then a master's may be worth considering. I'm happy to write you a recommendation.

- Complete 1: accounting
- Complete 2: undergraduate degree
- Complete 3: master's program
- Complete 4: advice
- Respond 1: B

- Respond 2: A
- Respond 3: D
- Respond 4: C
- Respond 5: C

Model summary. In this conversation, I met with my professor to discuss my plans after graduation. I explained that I am finishing my accounting degree and cannot decide between taking a job and applying for a master's program. After the professor asked about my long-term goals, I said I eventually hope to lead a finance team, which might require a master's. The professor agreed that a master's was worth considering and kindly offered to write me a recommendation letter.

Sections 7-9 · Writing & Speaking — high-band model answers

Use these as targets, not scripts to memorize. Each is written at roughly the C1 level (DET 120+).

Write About the Photo 1

This photograph shows a young woman laughing with delight as a flock of brightly colored parrots flutters around her. Several rainbow lorikeets perch on her outstretched hands and arms to feed, while others fly overhead against a clear blue sky. She seems to be having a joyful experience.

Write About the Photo 2

This image shows a stunning mountain landscape on a summer day. In the foreground, a meadow is filled with purple, pink, and white wildflowers, and tall evergreen trees rise along the green slopes. Behind them, a huge snow-capped peak stands partly hidden beneath a thick cap of cloud.

Write About the Photo 3

This photograph shows several people ice skating on an outdoor rink. The picture focuses on their legs and skates as they glide across the pale, scratched ice. One skater wears bright red figure skates, while the others wear dark skates with jeans, which suggests a cold winter day.

Interactive Writing — Part 1

I would much rather live in a large city than in a small town. The first reason is opportunity: cities concentrate universities, employers, and cultural institutions, so it is far easier to find work or study in a field that genuinely interests me. When I finished school, for example, I found three suitable job openings within walking distance of my apartment. The second reason is variety. A large city offers an endless mix of restaurants, museums, and people from different backgrounds, which keeps daily life stimulating and broadens my perspective. Although a small town may feel calmer, I believe the energy and possibility of a city outweigh that quiet, and that is why I prefer city life.

Interactive Writing — Part 2

The clearest disadvantage of city life is the constant noise, which can make it hard to rest after a demanding day. Traffic, construction, and crowds rarely fall silent, even late at night. I deal with this in two practical ways. First, I chose an apartment on a quiet inner courtyard rather than a main road, which blocks most street noise. Second, I visit a nearby park each weekend, where an hour of green space restores the calm the city takes away.

Speak About the Photo

This photograph shows a single jellyfish drifting through deep blue water. Its rounded bell is a striking pink and purple color, covered in tiny darker spots, and long, delicate tentacles trail gracefully beneath it as it floats. Streams of sunlight and small bubbles rise through the water behind it, which suggests the photo was taken fairly close to the surface. The overall scene looks calm, colorful, and almost otherworldly.

Read, Then Speak

One skill I would really like to learn is photography. I am drawn to it because I love travelling, and I want to capture the places I visit in a way that feels artistic rather than ordinary. A good photograph can preserve a moment and tell a story long after the trip is over. To learn it, I would start with an online course to understand the basics of light and composition, then practice every week by photographing my own city. Over time, I would ask more experienced photographers for feedback so I could steadily improve.

Interactive Speaking Q1

Yes, I genuinely love traveling. It pulls me out of my daily routine and lets me experience new food, languages, and ways of living. Every trip teaches me something I could never learn at home, and that sense of discovery is what makes it so rewarding for me.

Interactive Speaking Q2

The most memorable trip I ever took was a week in the mountains of northern Spain with two close friends. We stayed in a small village, hiked a different trail each day, and cooked our meals together every evening. It was simple, but everything about it felt unforgettable.

Interactive Speaking Q3

What made it special was the combination of stunning scenery and good company. Reaching the top of a ridge and seeing the whole valley below was breathtaking. But honestly, it was the long conversations with my friends over dinner that I remember most fondly now.

Interactive Speaking Q4

There were, actually. On the third day a sudden storm caught us far from the village, and we were soaked and cold. We stayed calm, sheltered under a rocky overhang until the worst passed, and then walked back slowly and carefully. It turned into one of our favorite stories.

Interactive Speaking Q5

As a child, I simply followed my parents and let them plan everything, so I paid little attention to the details. Now I plan my own trips, manage the budget, and choose destinations based on my own curiosity. Traveling feels far more meaningful when the decisions are mine.

Interactive Speaking Q6

Absolutely, I would recommend it. It suits anyone who enjoys nature, quiet, and a slower pace rather than crowded tourist attractions. I would simply advise visitors to pack for changeable weather and to allow enough time to explore the smaller villages, which are easy to overlook.

Writing Sample

In my experience, learning by watching and doing is more effective than following clear instructions alone. Written instructions are useful for a first orientation, but they are quickly forgotten because they engage only memory, not action. When I learned to cook, for instance, reading recipes taught me almost nothing; it was only after watching my grandmother and then repeatedly trying the dishes myself that the techniques became automatic. Doing a task exposes the small, practical difficulties that instructions leave out, and correcting real mistakes fixes the lesson far more firmly than reading ever could. Instructions can point the way, but genuine skill is built through direct, hands-on practice. That is why I consider active learning the more powerful approach.

Speaking Sample

Food is one of the clearest windows into a culture, because it carries centuries of history in a single dish. The ingredients a community relies on usually reflect its geography and its past: a cuisine built on rice and fish tells you about the land and water people lived beside, while heavy use of a particular spice often traces old trade routes and past conquests. Food also reveals values. Cultures that center long, shared family meals clearly prize community and hospitality over speed and convenience. When we taste another culture's food, we are really encountering its geography, its history, and its priorities at once, and sharing a meal can break down barriers between people far faster than words alone.

Score Conversion Notes

The Duolingo English Test reports an overall score from **10 to 160** (in 5-point steps) plus eight subscores. It is **computer-adaptive** and scored with a proprietary model, so no paper practice test can reproduce an official score. Use the guide below to turn your results into a rough CEFR band.

Approximate concordance

DET score	CEFR	IELTS (approx.)	TOEFL iBT*	Meaning
10-55	<A2-A2	<4.0	<35	Basic
60-85	B1	4.5-5.5	35-45	Intermediate
90-115	B2	6.0-6.5	46-93	Upper-intermediate (typical undergrad entry)
120-150	C1	7.0-7.5	94-120	Advanced (typical grad entry)
155-160	C2	8.0+	—	Proficient

Anchors from Duolingo's Aug-2024 concordance: DET 120 $\approx$ IELTS 6.5-7.0; 115 $\approx$ IELTS 6.5 / TOEFL 90-94; 105 $\approx$ IELTS 6.0-6.5; 95 $\approx$ IELTS 6.0. *TOEFL shown on the legacy 0-120 scale; a new 1-6 scale began January 2026. Ranges are approximate and use CEFR as the bridge — always confirm the exact requirement with your target institution.

Estimating your band from this test

- Count what you got right** in the objective sections: Read and Select, Fill in the Blanks, Read and Complete (per word), Listen and Type (a line counts if you captured essentially every word), and the Interactive Reading and Interactive Listening questions.
- Find your overall percentage correct** across those objective items.
- Map it to a rough band:** under 40% $\rightarrow$ A2 or below; 40-60% $\rightarrow$ B1; 60-80% $\rightarrow$ B2; 80-92% $\rightarrow$ C1; above 92% $\rightarrow$ C2.
- Judge Writing and Speaking separately** against the model answers: do yours match them for task completion, range of vocabulary, grammatical accuracy, and organization? Strong matches point to B2-C1.

This estimate is a study aid only. It is not an official Duolingo English Test score and should not be reported as one. PrepDrills is not affiliated with, authorized, or endorsed by Duolingo. More free practice at prepdrills.com.